

Stage 7

Targets	8 IPSC metal plates, some NS metal plates
Ammunition type	birdshot
Minimum number of rounds	8
Start position	Standing erect with one foot touching mark, shotgun in the ready condition, held in both hands, Stock touching the competitor at hip level, barrel parallel to the ground, trigger guard downwards, muzzle pointing downrange with the fingers outside the trigger guard, as demonstrated.
The shotgun ready condition	Unloaded (Option 3 – total empty)
Time starts	Audible signal
Procedure	At the start signal engage all targets from within the designated area.
Safety angles	left, right, up - 90°

